

# Rise

## DAY OF RENEWAL for the Separated and Divorced

**Saturday, March 18, 2017**

**Christ the King Retreat Center  
500 Brookford Road • Syracuse, NY 13224**

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**Keynote Speaker: Father Michael Galuppi**

### **Workshop Topics:**

- Healing Commitments
- Helping Our Children
- Up, Up and Away
- Creating a Tavola of Your Life

**Uplifting, Closing Liturgy**

\$45 registration fee includes lunch, fellowship, and workshops of your choice.

Scholarships are available for all who want to come.

For more information contact:

Dean Brainard | 315-472-6754 | [dbrainard@syrdio.org](mailto:dbrainard@syrdio.org)

To register online go to: <https://riseseparatedanddivorced.eventbrite.com>



..... *All Are Welcome!* .....

*"In the name of Jesus Christ, rise and walk." Acts 3:6*



# Find Hope and Healing in Our Support Group Community

Check out one of the many support groups we have available to you in the Diocese. Below is a list of times, dates and contact information to get you started. No matter where you are in the journey you will find strength, hope, courage and unconditional acceptance in a safe environment where you can share your story without judgment.

## ONGOING SUPPORT GROUPS FOR SEPARATED AND DIVORCED

*(Times subject to change – We suggest you confirm with contact person listed.)*

### SYRACUSE AREA SUPPORT GROUPS:

#### *Branch Out and Grow*

Bishop Ludden High School, Room 121  
815 Fay Rd., Syracuse, NY  
1st and 3rd Wednesdays of the month, 7 - 8:30 p.m.  
For information call Robin at 315-436-1252.

#### *Safe Harbor Surviving Divorce*

Immaculate Conception, Fayetteville, NY  
Every other Thursday, 7 - 8:30 p.m.  
For information call Patty at 315-761-9504.

### EASTERN REGION:

#### UTICA/ROME SUPPORT GROUP:

Good News Foundation  
10475 Cosby Manor Rd.  
Utica, NY  
Sundays, 5 - 6:30 p.m.  
For information call  
Judy at 315-735-6210.



## HIGHER GROUND SUPPORT GROUPS

Higher Ground is a group designed to create a caring, compassionate and supportive environment for men and women who have experienced divorce or separation and seek healing.

### SYRACUSE AREA:

Pope John XXIII Roman Catholic Church  
8290 Soule Rd., Liverpool, NY 13090, 315-652-6591  
Amy Stevens, Facilitator  
Every other Monday 7 - 8:00 p.m.

### SOUTHERN REGION:

#### GREATER BINGHAMTON AREA:

Our Lady of Good Counsel, Endicott, NY  
2nd and 4th Monday of the month, 7 - 8:30 p.m.  
For information call Angela at 607-239-8248 or  
Joe at 607-748-9205.

## OTHER RESOURCES

### SEPARATED/DIVORCED TEAMS

If you would prefer to talk one-on-one:

- Southern Region: Kathy Colligan 607-748-4743
- St. Mary's/St. Bernadette's, Cleveland, NY:  
Rectory: 315-675-3542 or Grace at 315-623-7229
- Syracuse Area: Dean Brainard at 315-472-6754

SEPARATED BUT, would you and your spouse like to work it out? Try *Third Option* every other Sunday 6:30 - 8:30 p.m. Call 315-472-6754.

### STEP-PARENT ISSUES

Call Dean at 315-472-6754.

### BEGINNING EXPERIENCE

Weekend Experience For Divorced and Widowed  
Call Cindy at 315-363-2971.

### CATHOLIC DIVORCED MINISTRY

[www.nacsdc.org](http://www.nacsdc.org) for resources  
and conference information.



## Family/Respect Life Office

240 E. Onondaga Street, Syracuse, NY 13202-2608  
315-472-6754

