

# Resources for Hope & Healing

"For I know the plans I have for you," declares the Lord, "Plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11

## RESOURCES FOR GRIEVING

**Hope for Bereaved, Inc.** 4500 Onondaga Blvd., Syracuse, N.Y. 13219  
Ph: (315) 475-9675. Helpline: (315) 475-4673

[www.hopeforbereaved.com](http://www.hopeforbereaved.com) • email: [hopeforbereaved@cnymail.com](mailto:hopeforbereaved@cnymail.com)

Hope for Bereaved, Inc. offers grief support groups that include:

Hope for Bereaved Parent(s) – whose infant or child of any age died by accident, illness, SIDS, miscarriage, stillbirth or newborn death.

Hope for Survivors – those whom suicide leaves behind.

Hope for Bereaved Due to Drug Overdose – whose spouse, parent, child or friend died of a drug overdose.

**GriefShare** - a grief recovery support group offered by The Good News Center, 10475 Cosby Manor Road, Utica, NY.  
Call (315) 735-6210 or visit [www.thegoodnewscenter.org](http://www.thegoodnewscenter.org)

### Counseling offered through Catholic Charities:

Broome County (607) 729-9166 • Chenango County (607) 334-8244

Cortland County (607) 756-5992

Oneida & Madison Counties (315) 724-2158

Onondaga County (315) 424-1800 • Oswego County (315) 598-3980

### Counseling by Sr. Rose Casaleno, Director

Newman House at Binghamton University, 400 Murray Hill Rd., Vestal, N.Y. 13850 • Ph: (607) 798-7202  
email: [srose@binghamton.edu](mailto:srose@binghamton.edu)

**Online Ministry through Creighton University:** provides prayers for grieving and resources for those who are grieving or supporting others in grief. [www.onlineministries.creighton.edu/collaborativeministry/grief](http://www.onlineministries.creighton.edu/collaborativeministry/grief)

**Literature:** Resources on life issues, family, and prayer.

[www.usccbpublishing.org](http://www.usccbpublishing.org)

**CareNotes** - pamphlets on grief and loss. Ph: 800-325-2511

[www.onecaringplace.com](http://www.onecaringplace.com)

**Catholic Church teaching on life, death, and heaven:** Catechism of the Catholic Church • [www.usccbpublishing.org](http://www.usccbpublishing.org)

Toll-free (800) 235-8722

## PREGNANCY OR MISCARRIAGE

**Elizabeth Ministry** offers peer support to women and families related to the child bearing years. For example, if a woman loses a child, she can receive support from another woman who has had the same experience or something similar. We are not counselors, but we are wonderful listeners! Please call Rita Condon at (315) 673-9458 or email: [elizabethministryrita@gmail.com](mailto:elizabethministryrita@gmail.com).

**Support after Miscarriage:** [www.catholicmiscarriagesupport.com](http://www.catholicmiscarriagesupport.com)

**Poor Prenatal Diagnosis:** [www.benotafraid.net/Home.aspx](http://www.benotafraid.net/Home.aspx)

(NCPD) **National Catholic Partnership on Disability** offers ministries and resources for poor prenatal diagnosis. [www.ncpd.org](http://www.ncpd.org)

**Book:** "A Catholic Mother's Companion To Pregnancy, Walking with Mary from Conception to Baptism" by Sarah Reinhard. It addresses different topics including miscarriage, depression and carrying to term a baby who might not live. (Ave Maria Press, 2012)

**Isaiah's Promise** - a group founded by friends in honor of their children. Parents who knew early in their pregnancies that their babies had severe or fatal defects and continued the pregnancies. They offer support, friendship and experience to others. [www.isaiahspromise.net](http://www.isaiahspromise.net)

**Handbook:** "In Times of Grief", edited by Br. Francis Wagner, O.S.B. (Abbey Press, 2013) [www.pathoflifebooks.com](http://www.pathoflifebooks.com)

## POST-ABORTION HEALING

**Project Rachel** - a local ministry that offers post-abortion counseling and retreats. Toll-free 855-364-0076

email: [hopeandhealing@syrdio.org](mailto:hopeandhealing@syrdio.org) • [www.hopeafterabortion.com](http://www.hopeafterabortion.com)

**Book:** "No One Told Me I Could Cry" by Connie Nykiel. A teen's guide to hope and healing after abortion. (Life Cycle Books, Ltd., 2001).

**Book:** "Motherhood Interrupted: Stories of Healing and Hope After Abortion", by Jane Brennan. (Centennial, CO: Xlibris Corp., 2008).

**Booklet:** "Men and Abortion: Finding Healing, Restoring Hope" by Dr. Catherine T. Coyle. (Catholic Information Service, Knights of Columbus Supreme Council, 2009). Ph: (203) 752-4267 • [www.kofc.org/cis](http://www.kofc.org/cis)

## INFERTILITY OR FERTILITY

**CREIGHTON MODEL FertilityCare™ System** - treating all types of gynecological problems related to infertility or fertility. For introductory information, contact: Joan Nolan, F.C.P., Anne Konieczny, F.C.P., Betsy Mostrom, N.C.P.I or Christine Reilly, N.C.P.I at (315) 488-3139, ext. 16.

**Gianna Center, Syracuse:** Dr. Karen Dalton, M.D. (585) 369-6803

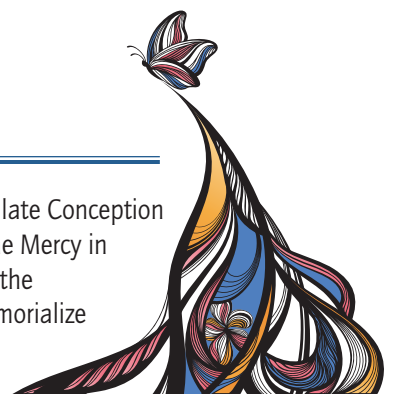
[www.karendaltonmd.com](http://www.karendaltonmd.com)

or visit: [www.giannasyracuse.com](http://www.giannasyracuse.com)

## MEMORIAL SHRINE

The Marian Fathers of the Immaculate Conception at the National Shrine of the Divine Mercy in Stockbridge, MA, have a Shrine of the Holy Innocents where you can memorialize a child. Ph: (413) 298-3931

[www.thedivinemercy.org](http://www.thedivinemercy.org)



## OFFICE OF FAMILY/RESPECT LIFE MINISTRY

240 E. Onondaga St. Syracuse, NY 13202 • (315) 470-1418 • [www.syrdio.org](http://www.syrdio.org)

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