



Central New York Marian Center, Inc.

March, 2016

5180 West Taft Rd, North Syracuse NY 13212

Hours: Mon. — Fri 9am– 5pm

Phone (315) 452– 4698

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Website: cnymariancenter.com

Currently we are blest to be celebrating our 24th year!

The Monthly Message of Our Blessed Mother from Medjugorje: February 25, 2016

"Dear children! In this time of grace, I am calling all of you to conversion. Little children, you love little and pray even less. You are lost and do not know what your goal is. Take the cross, look at Jesus and follow Him. He gives Himself to you to the death on the cross, because He loves you. Little children, I am calling you: return to prayer with the heart so as to find hope and the meaning of your existence, in prayer. I am with you and am praying for you. Thank you for having responded to my call."

Volunteers Needed, if interested call the center at 452-4698

For visitors, if the CNY Marian Center is locked, you can obtain a key upstairs at the doctor's office M- F 9:00 AM to 5:00 PM. The CNY Marian Center is available for group Meetings. For a reservation, call the Center and leave a message. Current Prayer groups meet Mon. 7:30 PM, Tues. 7 PM, Thur. 11:00 AM & Fri. 11:00 AM.

HEAVEN CALLS— IS YOUR RINGER ON ?

Blessing and prayers to all our friends, supporters and newsletter subscribers of the Central NY Marian Center.

Ash Wednesday has passed and **Lent** has begun. Has this great opportunity to change our lives ring in our hearts yet? **Our Lady tells us "Dear children! In this Lenten time of grace, I call you to open your hearts to the gifts that God desires to give you." (Medjugorje 2-25-2006)**

Lets take a check on how we are doing with the "Three Pillars of Lent."

I) Penance: "Jesus' call to conversion and penance is like the prophets before Him. (CCC 1430-32) Daily conversion and penance find their source and nourishment in the Eucharist.

Fast and Abstinence.

It is a traditional doctrine of Christian spirituality that a constituent part of repentance, of turning away from sin and back to God, includes some form of penance, without which the Christian is unlikely to remain on the narrow path and be saved (Jer. 18:11, 25:5; Ez. 18:30,33:11-15; Joel 2:12; Mt. 3:2; Mt. 4: 17; Acts 2:38). **Christ** Himself said that His disciples would fast once He had departed (Lk. 5:35). The general law of

penance, therefore, is part of the law of God for man.

The Church has specified forms of penance, both to ensure that the Catholic will do something, as required by divine law, while making it easy for Catholics to fulfill the obligation.

The 1983 Code of Canon Law specifies the obligations of Latin Rite Catholics.

Canon 1250 All Fridays through the year and the time of Lent are penitential days throughout the entire Church.

Canon 1251 Abstinence from eating meat or another food according to the prescriptions of the conference of bishops is to be observed on Fridays throughout the year unless they are solemnities; abstinence and fast are to be observed on Ash Wednesday and on the Friday of the Passion and Death of Our Lord Jesus Christ.

Canon 1252 All persons who have completed their fourteenth year are bound by the law of abstinence; all adults are bound by the law of fast.

Can. 1253 It is for the conference of bishops to determine the observance of fast and abstinence and to substitute in whole or in part for fast and abstinence other forms of pen-

ance, especially works of charity and exercises of piety.

Abstinence. The law of abstinence requires a Catholic 14 years of age until death to abstain from eating meat on Fridays in honor of the Passion of **Jesus** on Good Friday. Meat is considered to be the flesh and organs of mammals and fowl.

On Fridays outside of Lent the U.S. bishops conference obtained the permission of the Holy See for Catholics in the US to substitute a penitential, or even a charitable practice of their own choosing. For most people the easiest way to consistently fulfill this command is the traditional one, to abstain from meat on all Fridays of the year which are not liturgical solemnities. When solemnities, such as the **Annunciation, Assumption, All Saints** etc. fall on a Friday, we neither abstain or fast.

During Lent abstinence from meat on Fridays is obligatory in the United States as elsewhere, and it is sinful not to observe this discipline without a serious reason (physical labor, pregnancy, sickness etc.)



Fasting. The law of fasting requires a Catholic from the 18th Birthday [Canon 97] to the 59th Birthday to reduce the amount of food eaten from normal. The Church defines this as one meal a day, and two smaller meals. Such fasting is obligatory on **Ash Wednesday** and **Good Friday**. The fast is broken by eating between meals.

Those who are excused from fast or abstinence. Besides those outside the age limits, those of unsound mind, the sick, the frail, pregnant or nursing women according to need for meat or nourishment.

Aside from these minimum penitential requirements Catholics are encouraged to impose some personal penance on themselves at other times. Such freely chosen fasting could also consist in giving up something one enjoys - candy, soft drinks, smoking, that cocktail before supper, and so on.

One final consideration. Before all else we are obliged to perform the duties of our state in life. When considering stricter practices than the norm, it is prudent to discuss the matter with one's confessor or director. Any deprivation that would seriously hinder us in carrying out our work, as students, employees or parents would be contrary to the will of **God**.

Reading Sacred Scripture and praying revives the spirit of conversion and repentance within us and contributes to the forgiveness of our sins. Have we received the Sacrament of Reconciliation yet in this Lenten season? Make it a priority now! The secret of a good confession is "Honesty" with ourselves. The Father in Heaven already knows our sins.

Stations of the Cross? Pray the Stations in your churches on Fridays and receive the indulgence the church gives us during Lent.

Pray the Rosary nightly with your family? Offer it up for the conversion of sinners and remission of sins, especially our own and your own family intentions. Pray special prayers, read Holy Scripture and meditate on the Passion. Pray for the graces to carry our own crosses as we follow our Savior to Calvary. I think we begin to see more clearly the meaning of "conversion" that **Jesus** calls us to.

2) Pillar of Fasting. The practice of fasting was very present in the first Christian community (cf. Acts 13,3; 14,22; 27,21; 21;2 Cor 6,5). The Church Fathers, too, speak of

the force of fasting to bridle sin, and open in the heart of the believer a path to God.

Our Lenten fasts have a tendency to be oriented toward things like giving up food or television. But there are many other creative ways we can welcome Jesus' healing touch this Lent. Fast from: Anger and Hatred: Give your family and everyone you come across, an extra dose of love each day. Judging Others: Before making any judgments, recall how **Jesus** overlooks our faults. Discouragement: Hold on to **Jesus'** promise that He has a perfect plan for your life. Complaining: When you find yourself about to complain, close your eyes and recall a moment of joy **Jesus** has given you. Resentment or Bitterness: Work on forgiving those who may have hurt you. Spending Too Much Money? Try to reduce your spending by ten per cent and give those savings to the poor.

3) Almsgiving: the third traditional pillar, is linked to our baptismal commitment in the same way. It is a sign of our care and an expression of our gratitude for all that **God** has given to us.

As we think about giving something up for lent, there is no greater gift than the "Giving of Ourselves." Let's take a look at our families and parishes. Is there anyone in our families in need; out of work? Maybe they could use some extra food, a ride to a medical appointment or company. Make that special cake, pie or cookies and pay them a visit. Do your parishes pantries have the food they need to give out? Have we sent a check in the mail to needy missions? Have we given time to a hospital, nursing home or senior citizens? Let's take the opportunity of this Lent to truly perform the "**Corporal and spiritual works of Mercy.**" It is truly in selfless giving that we gain great graces and remission of our sins!!!

In lent, we are headed to Easter, and not just this year's particular Easter but the Easter of new birth, of resurrection, of eternal life. Lent reminds us that there's no victory without struggle, no crown without a cross, no love without suffering. We need to be reminded of these truths at least yearly because, when we do experience struggle, cross, and suffering, we can easily lose our focus and forget that they are the means **God** uses to bring us to victory and love.

Lent is forty days in duration because,

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before beginning His public life, **Jesus** spent forty days fasting in the desert (actually lent is 46 days, but we don't fast and abstain on its six Sunday). Lent is dress rehearsal for these times of trial. That's one of the main reasons why we ought to make each lent the best we can. Life is a long journey, and we're on our way to our eternal home!!!

Eucharistic Miracles

Amsterdam, Holland – 1345

In 1345, a man who was a devout Catholic became very ill. He told his family he would like to receive Holy Viaticum. The family notified the pastor of the then known *Old Church*. The priest, after administering the sacrament, advised the family, if the ill man threw up (which he was known to do after taking nourishment) they were to empty the contents in the fire. The man threw up and the family did what they were advised to do by the priest, they threw the contents in the fire in the sick room. This incident occurred on March 12th.

Early the next morning, one of the women went to rake the fire and she noticed in the middle of the grate, the Blessed Sacrament in the form of host. A light surrounded it. The woman became upset and immediately put her hand in the fire to rescue the host. This she did without any ill effects to herself. She did not burn her hand. The woman was surprised to find the host was cold! She immediately called in a neighbor and asked her to take the Sacred Host to her home. The neighbor took a clean cloth, placed the host on it and locked it in a box. She then took it home. When the husband of the woman who found the host heard what had taken place, he requested to see it. He tried to lift it off the white cloth it rested on but the Sacred Particle resisted as if to say it did not want to be touched by this man's hands.

A priest was then summoned who took the host and placed it in a pyx. When he went to wash the cloth which held the Blessed Sacrament and return it to the original box, he noticed the pyx was upset and the host was gone!

The next morning the neighbor returned for her original box and cloth. When she opened the locked box she once again found the Sacred Host in it! There was then no doubt that Our Lord wanted this miracle to be known! The priest notified the clergy of Amsterdam and a procession was held to carry the host to the church.

To be continued

Bud O'Brien, Chairman of the Board

Announcements

Celebrating our 24th Year of Divine Mercy

St. Margaret's Church
203 Roxboro Road
Mattydale, NY



March 25th Good Friday 2pm
Novena starts with Chaplet Prayers

March 26th Holy Saturday 3pm

March 27th—April 2nd 3pm Chaplet Prayers

April 3rd 3pm Chaplet Prayer, Benediction, Homily, Veneration of St. Faustina Relic video, and refreshments

In the Divine Mercy Image, we see Jesus' foot stepping toward us and his right hand raised in blessing. Jesus calls us to respond to him as he steps toward us. With his arm raised in blessing, he gives us the grace to act in trust.

As we look at the condition of our family, our church, our world, we are in great need of Divine Mercies!

Don't miss this great opportunity, you and I need to be there!!!

St. Joseph's Day March 19, 2016

Joseph came from royal heritage. A descent from David, the greatest king of Israel (**Matthew 1:1-16 and Luke 3:23-38**). Joseph was a carpenter, compassionate and caring man. The angel who first tells Joseph about Jesus greets him as "son of David," a royal title used also for Jesus. Joseph was husband and protector of Mary, a mentor and guardian for Jesus until his public ministry. Joseph is also patron saint of the Universal Church, families, fathers, expectant mothers, travelers, immigrants, house sellers and buyers, craftsmen, engineers, and working people in general.

St. Patrick's Day March 17, 2016

St. Patrick was born in Britain and captured by pirates at 14 and taken to Ireland as a slave to tend and heard sheep. He fled at age 20 and returned home, became a priest, bishop. He returned to Ireland and used shamrocks to explain the Holy Trinity. Ireland was converted to Christianity after hearing Patrick's message.

Bud O'Brien, Chairman of the Board

March 2016

Apostolate of Prayer for Priests ..Diocese of Syracuse

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Glory to the Precious Blood! Mother Catherine Aurelia, Foundress		1) Rev. J Ahern Rev. R Jones	2) Rev. R Sullivan Rev. G Fukes	3) Rev. A Nortz Rev. P Madej	4) Rev. C Vavonese Rev. M Carmoia	5) Rev. T Taugher Rev. D Bourgeois
6) Bishop J M Moynihan	7) Rev. T Servatius Rev. L Sogliuzzi SJ	8) Rev. R Morisette Rev. V Hevern SJ	9) Chorbishop J Faris Rev. R D DeLorme	10) Rev. A Bebel Rev. P Drobin	11) Rev. J Roark Rev. W Regan	12) Msgr. J Heagerty Rev. R Chryst
13) Bishop T J Costello	14) Rev. T Catucci Rev. T McGrath	15) Rev. A Dunghe SJ Rev. P Keebler	16) Rev. R Fraats Rev. J Hage	17) Rev. A Guida Rev. J Smith FI	18) Rev. P Angelicchio Rev. D Cunningham	19) Msgr. G Sheehan Rev. H Pedzick
20) Bishop R J Cunningham	21) Rev. S O'Brien Rev. S Yagaza	22) Rev. J Dahlinger SJ Rev. J Werner	23) Rev. C Aho Rev. D James	24) Msgr. T Elmer Rev. R Weber	25) All Priests	26) Rev. K Maloney Rev. D O'Hara
27) Our Holy Father	28) Rev. J Fetcho Msgr. R Bill	29) Msgr. J O'Brien Rev. D Kirby SJ	30) Msgr. J McGraw Rev. W Bosch SJ	31) Msgr. R Davern Rev. J Amrhein OFM Cv	O Jesus, Eternal Priest, look with love upon Your priests. Fill them with burning zeal for the conversion of sinners. Mother Catherine Aurelia, Foundress	



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Phone: (315)452-4698

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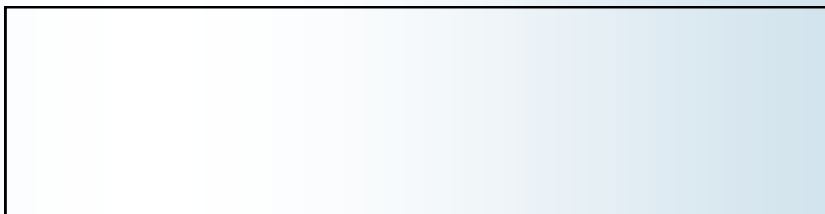
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The CNY Marian Center is pleased to present:

First Friday and First Saturday Devotion Group

Fridays starting with 11AM Mass at the Franciscan Villa 6900 Buckley Road with the Sisters of St. Francis of the Newman Communities.

12 noon at the Marian Center a study group will meet in promoting First Fri., March 4 and First Sat. March 5 devotions. Led by [Nancy Graziano](#) who will cover the apparitions given to St. Margaret Mary, instructing her in first Friday devotions. Nancy will also cover the Fatima apparitions that Our Lady requested for first Saturday devotions to console the sorrows of [God](#), [Jesus](#), and the [Virgin Mary](#) for the sins against Her [Immaculate Heart](#). To join the group contact [Nancy at 315-652-3253](#) or [email: Mariancenter.cny@gmail.com](mailto:Mariancenter.cny@gmail.com)

Important Notice to Our Readers

With rising postal and printing cost we need to revise our mailing list for those who truly want to receive this newsletter by mail. Please respond by phone call, postal mail, or email!! We are trying to continue to spread Mary's messages and need your support too. If you would like to be a regular sponsor or provide a donation towards the production of this newsletter & other Marian Center Projects, please fill out the form & mail it with your donation to the **CNY Marian Center, 5180 W. Taft Road, North Syracuse, NY 13212**

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